

Defending Champion Take Lead At Women's Swimming and Diving Championship

BROWN DEER, Wis.--University of Wisconsin-La Crosse, the defending league champion, took the lead following the first of three days of competition at the 2009 Wisconsin Intercollegiate Athletic Conference (WIAC) women's swimming and diving championship. The meet is being held at the Walter Schroeder Aquatic Center.

The Eagles claimed five titles and registered 309 points to outdistance UW-Stevens Point's second-place sum of 212 points. UW-Eau Claire is third with 180 points, UW-Whitewater fourth with 112, UW-Oshkosh sixth with 68 and UW-River Falls sixth with 65.

UW-La Crosse's Chelsea Hoff won the 50-yard freestyle for the second straight season with a conference meet record time of 23.10.

Danielle Ellingson claimed the 200-yard individual medley in a conference meet record time of 2:06.29, while Rachel LaValley secured the three-meter diving with a score of 397.55.

The Eagles also won both relay events with WIAC meet record performances. The claimed the 200-yard freestyle relay in 1:33.47 and the 400-yard medley relay in 3:48.97.

UW-Stevens Point's Lindsay Lukes was victorious in the 500-yard freestyle with a time of 5:01.89.

Day One Champions:

50-Yard Freestyle: Chelsea Hoff (UW-La Crosse), 23.10 * 500-Yard Freestyle: Lindsay Lukes (UW-Stevens Point), 5:01.89 200-Yard Individual Medley: Danielle Ellingson (UW-La Crosse), 2:06.29* Three-Meter Diving: Rachel LaValley (UW-La Crosse), 397.55

200-Yard Freestyle Relay: UW-La Crosse, 1:33.47* 400-Yard Medley Relay: UW-La Crosse, 3:48.97*

*Conference Meet Record